

Race Date
April 15, 2023

Superhero 5k
Age Group Results

5k

Female 24 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Hannah Linn	Morris IL	15	736	26	26:48.1	8:39/M
2	Brynlee Hunt	Mazon IL	12	730	50	31:25.3	10:08/M
3	Dayton Elliott	Morris IL	23	708	59	34:46.3	11:13/M
4	Victoria Paugys	Minooka IL	18	1059	68	39:49.8	12:51/M
5	Stephanie Bustos	Morris IL	17	687	79	45:15.0	14:36/M
6	Lacey Swanson	Morris IL	4	1022	81	45:30.8	14:41/M
7	Alisson Atwood	Channahon IL	13	673	83	46:59.8	15:10/M
8	Emma Harrison		8	1042	89	50:02.3	16:08/M
9	Maisy Wright	Morris IL	9	1032	91	50:17.0	16:13/M
10	Eleanor Englert	Morris IL	9	711	97	54:14.7	17:30/M

Female 25 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Megan Singletary	Channahon IL	31	1016	21	26:08.1	8:26/M
2	Brittany Scerine	Coal City IL	26	1014	31	28:39.2	9:15/M
3	Peyton Rockford	Ottawa IL	26	1009	33	28:52.2	9:19/M
4	Kelsey Odom	Morris IL	30	1039	35	28:57.5	9:20/M
5	Anna Schneidewend	Joliet IL	31	1043	44	30:17.3	9:46/M
6	Billie McCauley	Plainfield IL	33	740	77	45:04.8	14:33/M
7	Sydni Hoffman	Morris IL	32	726	86	49:48.3	16:04/M
8	Kaylee Morrison	Sandwich IL	30	748	94	52:12.4	16:50/M
9	Abby Baker	Morris IL	27	674	103	58:28.2	18:52/M

Female 35 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Abby Gabrys	Minooka IL	39	1060	4	21:39.6	6:59/M
2	Christi Wilson	Marseilles IL	38	1030	5	22:12.0	7:10/M
3	Aimee Douglas	Dwight IL	35	703	10	23:38.2	7:37/M
4	Kathleen Stott		39	1070	15	25:26.3	8:12/M
5	Claudia Valderrama	Morris IL	40	1026	16	25:36.4	8:16/M
6	Sherri Davis	New Lenox IL	37	698	19	25:39.0	8:16/M
7	Melissa Wright	Morris IL	40	1033	28	26:52.4	8:40/M
8	Ana Freis	Coal City IL	42	1049	32	28:42.2	9:16/M
9	Amanda Hasty	Minooka IL	38	722	51	31:45.1	10:15/M
10	Carrie Smith	Ottawa IL	43	1017	63	37:11.8	12:00/M
11	Krista Cochran	Morris IL	40	692	64	37:21.5	12:03/M
12	Stacey Fuentes	Morris IL	35	717	75	44:21.5	14:19/M
13	Nicole Gourley	Newark IL	38	1052	78	45:10.5	14:34/M

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Female 35 to 44

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14	Katie Stewart	Morris IL	35	1019	87	49:48.5	16:04/M
15	Stephanie Harrison	Morris IL	38	1040	90	50:03.0	16:09/M
16	Kate Englert	Morris IL	37	712	99	54:16.6	17:31/M
17	Jessica Koepke	Romeoville IL	36	732	100	56:51.1	18:20/M

Female 45 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Charlene Hamann		50	1065	17	25:36.4	8:16/M
2	Sarah Biros	Mazon IL	48	681	30	28:28.5	9:11/M
3	Tricia Missien	Millville PA	54	1063	34	28:56.8	9:20/M
4	Kimberley Castillo	Channahon IL	51	691	38	29:08.7	9:24/M
5	Jennifer Sangston	Seneca IL	50	1012	41	29:57.3	9:40/M
6	Erica Quensen	Plainfield IL	46	1007	47	31:00.0	10:00/M
7	Sheri Crymes	Channahon IL	47	697	62	36:22.0	11:44/M
8	Jennifer Elhardt	Morris IL	48	707	85	48:24.4	15:37/M
9	Ryann Heap	Morris IL	45	724	92	50:17.7	16:13/M

Female 55 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Margaret Shay	Morris IL	62	1015	67	38:46.8	12:31/M
2	June Evans	Morris IL	57	714	69	40:53.1	13:11/M
3	Kathy Hoge	Morris IL	61	727	80	45:23.5	14:39/M
4	Betsy Cowherd	Coal City IL	56	696	84	47:58.8	15:29/M
5	Tammy Favero	Braidwood IL	59	716	88	49:49.3	16:04/M
6	Michaeline Tooley	Morris IL	64	1024	104	58:52.8	19:00/M
7	Cindy Tessarolo	Naperville IL	57	1023	106	1:00:22.1	19:28/M

Female 65 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Maryjo Gehant	La Salle IL	65	719	71	41:27.5	13:22/M
2	Clara Bal	Morris IL	65	675	73	43:18.1	13:58/M
3	Carol Stapleton	Channahon IL	73	1018	82	46:59.7	15:10/M
4	Susan Hentschel	Morris IL	78	725	98	54:14.9	17:30/M
5	Nancy Koepke	Romeoville IL	66	1038	102	58:15.7	18:48/M
6	Gina Anderson	Morris IL	65	672	105	58:52.9	19:00/M

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OVERALL Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ed Bernal		56	1061	1	20:54.5	6:45/M

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Male 24 and Under

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1 *	Trevor Mitoraj	Morris IL	11	745	6	22:31.9	7:16/M
2	Connor Bogard	Morris IL	14	1050	7	23:02.1	7:26/M
3	Connor Duffy	Morris IL	10	704	12	24:07.8	7:47/M
4	Gus Harmon	Sandwich IL	12	1069	22	26:09.8	8:26/M
5	Tony Urgero	Shorewood IL	17	1045	49	31:23.1	10:07/M
6	Colby Harrison		12	1041	52	32:15.4	10:24/M
7	Finnegan Wright	Morris IL	12	1031	53	32:16.0	10:25/M
8	Logan Ditello	Plainfield IL	22	700	55	33:12.0	10:43/M
9	Job Rodriguez	Morris IL	16	1010	65	37:56.8	12:14/M
10	Cesar Martinez	Morris IL	16	1036	66	37:58.6	12:15/M
11	Nicole Gourley	Newark IL	10	1053	72	42:35.7	13:44/M
12	Connor Morrison	Sandwich IL	4	747	95	52:12.9	16:51/M

Male 25 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	James Clark		29	1074	20	25:41.3	8:17/M
2	Brian Hauge	Morris IL	32	723	37	29:06.6	9:23/M
3	Tj Stinde	Morris IL	32	1020	45	30:43.5	9:55/M
4	Trevor Morrison	Sandwich IL	30	749	96	52:13.4	16:51/M

Male 35 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Humberto Macias-De	Streator IL	36	739	2	21:03.2	6:48/M
2	Luke Mitoraj	Morris IL	44	744	13	24:31.1	7:55/M
3	Shane Patton	Morris IL	36	1005	14	24:56.8	8:03/M
4	John Metzger	Munster IN	39	742	18	25:39.0	8:16/M
5	Kyle Ulivi	Coal City IL	44	1025	23	26:13.8	8:28/M
6	Jose Cobarruvias	Morris IL	44	1051	29	28:06.2	9:04/M
7	Brandon Linn	Morris IL	41	1037	36	29:03.8	9:23/M
8	Justin Ritz	Morris IL	37	1058	40	29:51.7	9:38/M
9	Charles Prindiville	Morris IL	37	1006	42	30:00.3	9:41/M
10	Nicholas Schneidewend	Joliet IL	35	1044	43	30:17.1	9:46/M
11	Weston McCauley	Channahon IL	36	741	76	45:00.6	14:31/M

Male 45 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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1 *	John Roets	Yorkville IL	52	1011	3	21:15.7	6:52/M
2	Chris Kott	Morris IL	51	1064	9	23:24.6	7:33/M
3	Ken Sangston	Seneca IL	53	1013	24	26:18.3	8:29/M
4	Aaron Hornsby	Bloomington IL	53	728	48	31:08.3	10:03/M
5	Michael Ditello	Plainfield IL	53	701	57	34:01.7	10:59/M
6	Jeffrey Warren	Oswego IL	51	1029	58	34:22.6	11:05/M
7	Michael Estep	Channahon IL	52	1068	61	36:02.5	11:38/M
8	Wayne Bockhol	Morris IL	51	682	74	43:35.3	14:04/M
9	Kevin Duffy	Morris IL	50	705	93	51:15.2	16:32/M

Male 55 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	John Belcik	Palos Heights IL	64	676	8	23:17.1	7:31/M
2	Jeffrey Horve	Mackinaw IL	58	729	11	24:05.4	7:46/M
3	Paul Rochnowski	Morris IL	59	1008	25	26:34.0	8:34/M
4	Kevin Alsvig	Seneca IL	57	1046	27	26:51.0	8:40/M
5	David W Brasfield	Morris IL	60	684	46	30:51.9	9:57/M
6	John Gehant	La Salle IL	56	718	70	41:27.4	13:22/M
7	John Koepke	Romeoville IL	64	733	101	58:02.7	18:43/M

Male 65 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michael Verdeyen	Morris IL	66	1027	39	29:15.1	9:26/M
2	George Miller	Morris IL	72	743	54	32:43.6	10:33/M
3	Steven Hortega	Ottawa IL	73	1062	56	33:20.0	10:45/M
4	Raymond Smith	Morris IL	70	1067	60	35:41.2	11:31/M